



2025 Flowers Sea Swim

Saturday 14th June

Volunteer Expression of Interest

Surname:		First name:	
Address:			
Telephones:	Home: Work: Cell:		
Email:			
Skills you would like to put to use in the Flowers Sea Swim:			
Volunteer position(s) you are interested in:	<i>Post available: Lifeguards*, Safety Marshall (Beach & Water)*, Recorder/Registration Personnel, Medal Presenter, Prize Desk Personnel/Prize Pack distribution & Meal Distribution.</i>		
Have you volunteered for the Flowers Sea Swim previously?		If so, in what capacity?	
		<u>Before the race</u>	<u>Day of race</u>
Age:		Shirt size:	
Medical:	Do you have any medical conditions we should be aware of? If Yes, please provide details.		
Emergency contact:	Name:		Phone:

Please return completed Expression of Interest form to the Flowers Sea Swim:

Email: info@flowersseaswim.com

Fax: 949-0595

Telephone: 623-0000

Note:

The date of the event is Saturday, June 19.

Timing will vary slight, though generally should be between 11am – 5pm on the day of the event. However, safety marshalls, lifeguards and other medical personnel will be required to attend a 1 hour safety briefing prior to the event. Date/time/location TBC.